

East Region Inter-Counties

Session - 1 at

EVENT 1 Womens Open 200m IM

Full Results

Place	Name	DoB	Club	Time	50	100	150
1.	Alexandra HARRISON		Suffolk	2:20.98	29.41	1:05.45	1:47.05
					29.41	36.04	41.60
2.	Lucy CHARLES		Herts	2:23.90	31.38	1:07.17	1:51.44
					31.38	35.79	44.27
3.	Zara BAILEY		Cambs	2:26.08	33.21	1:09.40	1:51.34
					33.21	36.19	41.94
4.	Heather RODWELL	01/11/94	Essex	2:27.76	32.73	1:10.13	1:52.39
					32.73	37.40	42.26
5.	Mimi BARR	12/12/94	Norfolk	2:28.34	31.87	1:09.04	1:53.79
					31.87	37.17	44.75
6.	Charlotte OVENDEN	06/06/94	Bedfordshire	2:29.12	32.62	1:09.43	1:52.80
					32.62	36.81	43.37

EVENT 2 Mens Open 200m IM

Full Results

Place	Name	DoB	Club	Time	50	100	150
1.	Johnny QUINN		Herts	2:07.53	27.15	59.79	1:35.73
					27.15	32.64	35.94
2.	Richard JEFFERIES		Cambs	2:11.94	27.82	1:00.26	1:39.30
					27.82	32.44	39.04
3.	Jack HOLLIS		Suffolk	2:13.09	28.41	1:02.72	1:42.42
					28.41	34.31	39.70
4.	Sean HOULIHAN	06/09/95	Essex	2:14.00	30.15	1:03.47	1:41.51
					30.15	33.32	38.04
5.	Jay WILSON	07/05/95	Bedfordshire	2:17.16	28.95	1:05.58	1:44.82
					28.95	36.63	39.24
6.	Joshua GRAY	31/03/94	Norfolk	2:18.76	29.48	1:05.17	1:45.17
					29.48	35.69	40.00

EVENT 3 Womens 11/12 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Suffolk ASA		Suffolk	2:13.63	33.61	1:12.51	1:43.69
					33.61	38.90	31.18
2.	Essex County ASA		Essex	2:13.71	34.03	1:12.18	1:43.57
					34.03	38.15	31.39
3.	Cambridgeshire ASA		Cambs	2:14.50	34.56	1:11.39	1:43.66
					34.56	36.83	32.27
4.	Hertfordshire ASA		Herts	2:14.65	33.54	1:14.11	1:45.91
					33.54	40.57	31.80
5.	Norfolk County ASA		Norfolk	2:15.74	34.57	1:13.22	1:46.37
					34.57	38.65	33.15
6.	Bedfordshire ASA		Bedfordshire	2:20.86	36.01	1:15.45	1:50.04
					36.01	39.44	34.59

EVENT 4 Mens 11/12 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Hertfordshire ASA		Herts	2:09.93	33.75	1:11.09	1:41.17
					33.75	37.34	30.08
2.	Suffolk ASA		Suffolk	2:10.22	32.41	1:08.38	1:40.60
					32.41	35.97	32.22
3.	Essex County ASA		Essex	2:15.94	34.88	1:14.55	1:46.39
					34.88	39.67	31.84
4.	Bedfordshire ASA		Bedfordshire	2:17.25	33.81	1:12.57	-
					33.81	38.76	-
5.	Cambridgeshire ASA		Cambs	2:17.97	33.13	1:12.29	1:47.64
					33.13	39.16	35.35
6.	Norfolk County ASA		Norfolk	2:20.39	37.80	1:16.97	1:51.68
					37.80	39.17	34.71

EVENT 5 Womens 13/14 Yrs 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Essex County ASA		Essex	2:08.86	31.47	1:07.86	1:40.34
					31.47	36.39	32.48
2.	Suffolk ASA		Suffolk	2:09.50	31.80	1:10.17	1:40.62
					31.80	38.37	30.45
3.	Cambridgeshire ASA		Cambs	2:10.69	33.76	1:09.69	1:41.91
					33.76	35.93	32.22
4.	Hertfordshire ASA		Herts	2:10.97	33.42	-	1:42.79
					33.42	-	1:09.37
5.	Norfolk County ASA		Norfolk	2:12.50	33.85	1:11.58	1:44.54
					33.85	37.73	32.96
6.	Bedfordshire ASA		Bedfordshire	2:16.32	33.13	1:09.45	1:46.27
					33.13	36.32	36.82

EVENT 6 Mens 13/14 Yrs 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	50	100	150
1.	Suffolk ASA		Suffolk	1:56.25	29.39	1:02.80	1:30.56
					29.39	33.41	27.76
2.	Hertfordshire ASA		Herts	1:56.79	29.39	1:01.64	1:29.62
					29.39	32.25	27.98
3.	Norfolk County ASA		Norfolk	1:57.28	28.83	1:02.78	1:31.36
					28.83	33.95	28.58
4.	Essex County ASA		Essex	2:00.20	30.44	1:06.00	1:34.83
					30.44	35.56	28.83
5.	Cambridgeshire ASA		Cambs	2:00.34	30.36	1:04.63	1:33.94
					30.36	34.27	29.31
6.	Bedfordshire ASA		Bedfordshire	2:05.98	31.77	1:07.96	1:38.71
					31.77	36.19	30.75

EVENT 7 Womens 15/16 Yrs 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	50	100	150
1.	Essex County ASA		Essex	2:03.80	32.41	1:06.82	1:36.42
					32.41	34.41	29.60
2.	Hertfordshire ASA		Herts	2:05.19	31.79	1:07.58	1:38.08
					31.79	35.79	30.50
3.	Suffolk ASA		Suffolk	2:06.24	31.69	1:09.23	1:38.64
					31.69	37.54	29.41
4.	Norfolk County ASA		Norfolk	2:08.22	31.31	1:08.98	1:40.81
					31.31	37.67	31.83
5.	Cambridgeshire ASA		Cambs	2:10.38	-	1:11.54	1:42.39
					-	1:11.54	30.85
6.	Bedfordshire ASA		Bedfordshire	2:11.92	33.89	1:10.47	1:42.50
					33.89	36.58	32.03

EVENT 8 Mens 15/16 Yrs 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	50	100	150
1.	Essex County ASA		Essex	1:54.66	29.86	1:02.61	1:29.70
					29.86	32.75	27.09
2.	Suffolk ASA		Suffolk	1:54.90	29.06	1:02.43	1:29.62
					29.06	33.37	27.19
3.	Cambridgeshire ASA		Cambs	1:55.22	27.13	1:02.33	1:29.39
					27.13	35.20	27.06
4.	Norfolk County ASA		Norfolk	1:56.66	29.34	1:01.73	1:30.14
					29.34	32.39	28.41
5.	Hertfordshire ASA		Herts	1:57.41	28.35	1:02.82	1:31.94
					28.35	34.47	29.12
6.	Bedfordshire ASA		Bedfordshire	1:57.53	29.78	1:03.37	1:31.65
					29.78	33.59	28.28

EVENT 9 Womens 17 Yrs/Over 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	50	100	150
1.	Suffolk ASA		Suffolk	2:03.54	32.46	1:06.68	1:35.93
					32.46	34.22	29.25
2.	Hertfordshire ASA		Herts	2:06.93	32.05	1:07.33	1:39.49
					32.05	35.28	32.16
3.	Norfolk County ASA		Norfolk	2:07.57	32.28	1:08.51	1:38.76
					32.28	36.23	30.25
4.	Essex County ASA		Essex	2:08.94	30.12	1:08.72	1:40.28
					30.12	38.60	31.56
5.	Cambridgeshire ASA		Cambs	2:15.11	32.02	1:10.87	-
					32.02	38.85	-
6.	Bedfordshire ASA		Bedfordshire	2:16.44	37.72	1:12.95	1:46.41
					37.72	35.23	33.46

EVENT 10 Mens 17 Yrs/Over 200m Medley Team**Full Results**

Place	Name	A.G	Club	Time	50	100	150
1.	Hertfordshire ASA		Herts	1:50.12	28.49	1:00.61	1:26.51
					28.49	32.12	25.90
2.	Cambridgeshire ASA		Cambs	1:50.41	29.20	58.84	1:26.57
					29.20	29.64	27.73
3.	Norfolk County ASA		Norfolk	1:51.99	27.88	1:00.08	1:27.90
					27.88	32.20	27.82
4.	Suffolk ASA		Suffolk	1:52.51	28.71	59.60	1:27.72
					28.71	30.89	28.12
5.	Essex County ASA		Essex	1:53.26	28.28	1:00.55	1:28.83
					28.28	32.27	28.28
6.	Bedfordshire ASA		Bedfordshire	1:59.54	30.10	1:03.75	1:33.42
					30.10	33.65	29.67

EVENT 11 Womens 11/12 Yrs 100m Backstroke**Full Results**

Place	Name	DoB	Club	Time	50
1.	Berren MCGARRY		Herts	1:10.37	34.30
					34.30
2.	Ruby WILSON	07/11/98	Essex	1:10.41	34.50
					34.50

5.	Rebecca BURTON		Cambs	1:13.31	34.96
					35.42
					35.42
6.	Anna HENDERSON	14/11/98	Bedfordshire	1:16.90	36.93
					36.93

EVENT 12 Mens 11/12 Yrs 100m Backstroke

Full Results

Place	Name	DoB	Club	Time	50
1.	William COOPER	21/11/98	Norfolk	1:10.79	35.15
					35.15
2.	Oliver FITT		Cambs	1:11.27	34.72
					34.72
3.	Jack ANDREW		Suffolk	1:11.72	35.44
					35.44
4.	Cavan BECK	24/03/99	Essex	1:11.73	35.32
					35.32
5.	Daniel BELLAMY		Herts	1:11.94	36.33
					36.33
6.	Joseph MUNNO	28/11/98	Bedfordshire	1:13.95	35.88
					35.88

EVENT 13 Womens 13/14 Yrs 100m Breaststroke

Full Results

Place	Name	DoB	Club	Time	50
1.	Hayley ALCOCK	06/09/96	Bedfordshire	1:18.56	37.22
					37.22
2.	Maddie CHRUCHMAN		Herts	1:19.01	37.33
					37.33
3.	Grace GILROY	19/06/97	Essex	1:20.17	37.79
					37.79
4.	Annie LITTLE		Cambs	1:21.00	38.83
					38.83
5.	Rebecca WILSON		Suffolk	1:22.29	39.67
					39.67
6.	Serena ARIS	02/10/97	Norfolk	1:25.55	39.93
					39.93

EVENT 14 Mens 13/14 Yrs 100m Breaststroke

Full Results

Place	Name	DoB	Club	Time	50
1.	Isaac KIRBY	13/04/98	Norfolk	1:09.30	33.12
					33.12
2.	Louis SELLER		Suffolk	1:12.80	35.30
					35.30
3.	Ethan LAMB		Herts	1:13.45	35.00
					35.00
4.	Augustus VEASEY	30/10/96	Essex	1:14.37	35.48
					35.48
5.	Bartu ATAMERT		Cambs	1:16.39	36.51
					36.51
6.	Nicholas STALLEY	14/10/97	Bedfordshire	1:19.11	36.97
					36.97

EVENT 15 Womens 15/16 Yrs 100m Butterfly

Full Results

Place	Name	DoB	Club	Time	50
1.	Amelia KNOWLES	14/02/96	Essex	1:05.79	30.98
					30.98
2.	Pascale REEVES		Suffolk	1:05.90	30.19
					30.19
3.	Poppy INGLESON	18/08/95	Norfolk	1:07.41	31.72
					31.72
4.	Alison BINNS		Herts	1:08.08	32.04
					32.04
5.	Molly NORMAN		Cambs	1:09.33	33.68
					33.68
6.	Kate MEECHAN	15/02/96	Bedfordshire	1:09.34	32.36
					32.36

EVENT 16 Mens 15/16 Yrs 100m Butterfly

Full Results

Place	Name	DoB	Club	Time	50
1.	Liam KNIGHT		Cambs	57.38	26.76
					26.76
2.	Caleb HUGHES		Herts	59.58	28.43
					28.43
3.	Danny PROFFITT		Suffolk	59.67	28.06
					28.06
4.	Edward CLARK	07/09/94	Essex	1:00.14	27.97
					27.97
5.	Alexander SHREEVE	01/06/95	Norfolk	1:04.95	27.87
					27.87
6.	Joshua STEEL	31/10/94	Bedfordshire	1:06.58	29.58
					29.58

EVENT 17 Womens 17 Yrs/Over 100m Freestyle

Full Results

Place	Name	DoB	Club	Time	50
1.	Sophie DRAKE	26/02/93	Essex	57.96	28.97
					28.97
2.	Yasmin BITHREY		Herts	58.12	28.75
					28.75
3.	Rachel ANDVIG		Suffolk	1:01.18	29.71
					29.71
4.	Laura INGLESON	02/12/90	Norfolk	1:02.35	29.95
					29.95
5.	Charlotte OVENDEN		Bedfordshire	1:02.66	30.46
					30.46
6.	CATHY THOMPSON		Cambs	1:05.03	31.06
					31.06

EVENT 18 Mens 17 Yrs/Over 100m Freestyle**Full Results**

Place	Name	DoB	Club	Time	50
1.	Andrew WEATHERITT		Cambs	54.46	26.15
					26.15
2.	Arron LYNCH		Suffolk	54.67	26.39
					26.39
3.	Michael GRACE	01/09/93	Essex	55.33	27.15
					27.15
4.	Len LUCAS		Herts	55.38	27.22
					27.22
5.	David CARLINE		Bedfordshire	57.55	27.85
					27.85
	Mark COLLINS	22/09/93	Norfolk	DQ ST-	

EVENT 19 Womens 11/12 Yrs 100m Breaststroke**Full Results**

Place	Name	DoB	Club	Time	50
1.	Kate LITTLE		Cambs	1:21.17	39.42
					39.42
2.	Philippa DAVENALL	26/09/98	Essex	1:22.59	38.68
					38.68
3.	Lana MO		Suffolk	1:23.98	39.54
					39.54
4.	Isabel HOLMES	13/12/98	Norfolk	1:24.48	39.92
					39.92
5.	Berren MCGARRY		Herts	1:25.78	40.93
					40.93
6.	Finnley WHITBREAD		Bedfordshire	1:28.59	41.49
					41.49

EVENT 20 Mens 11/12 Yrs 100m Breaststroke**Full Results**

Place	Name	DoB	Club	Time	50
1.	Harry PARKER		Herts	1:19.03	37.59
					37.59
2.	Ryan SMITH		Suffolk	1:19.27	37.80
					37.80
3.	Keenan STOKES	18/08/98	Norfolk	1:22.78	39.16
					39.16
4.	Joseph MURRAY		Bedfordshire	1:26.25	40.00
					40.00
5.	Joshua GONCALVES		Cambs	1:27.59	41.17
					41.17
6.	Cameron SIMPSON	26/08/98	Essex	1:27.70	40.98
					40.98

EVENT 21 Womens 13/14 Yrs 100m Butterfly**Full Results**

Place	Name	DoB	Club	Time	50
1.	Ellie PIRRIE	02/05/97	Essex	1:07.20	31.93
					31.93
2.	Josie BLADES		Suffolk	1:09.96	31.88
					31.88
3.	Lily WEST		Herts	1:10.57	33.07
					33.07
4.	Isobel PAGE	09/04/97	Norfolk	1:11.10	33.78
					33.78
5.	Heather PFEIFFER		Cambs	1:13.37	34.35
					34.35
6.	Hayley ALCOCK		Bedfordshire	1:16.06	34.65
					34.65

EVENT 22 Mens 13/14 Yrs 100m Butterfly**Full Results**

Place	Name	DoB	Club	Time	50
1.	Nico CAMPBELL		Herts	1:01.17	28.96
					28.96
2.	Jake TYSON		Suffolk	1:01.71	29.06
					29.06
3.	Jack UTTING	24/06/97	Norfolk	1:05.16	31.08
					31.08
4.	Jarrod BRADFIELD	16/09/96	Essex	1:05.23	30.41
					30.41

6.	Oliver MALTBY	Bedfordshire	1:09.70	31.29
				31.93
				31.93

EVENT 23 Womens 15/16 Yrs 100m Freestyle

Full Results

Place	Name	DoB	Club	Time	50
1.	Shauna LEE		Herts	58.77	28.88
					28.88
2.	Amber SWALES		Bedfordshire	1:00.51	29.74
					29.74
3.	Marissa POSNETT	02/12/94	Essex	1:00.53	29.07
					29.07
4.	Marcella ARIS		Suffolk	1:00.55	29.57
					29.57
5.	Emily COOK		Cambs	1:00.62	29.64
					29.64
6.	Laura JONES	11/12/94	Norfolk	1:01.11	29.66
					29.66

EVENT 24 Mens 15/16 Yrs 100m Freestyle

Full Results

Place	Name	DoB	Club	Time	50
1.	Richard JEFFERIES		Cambs	54.93	26.59
					26.59
2.	Henry MAHER	25/04/95	Essex	55.58	26.64
					26.64
3.	Elliott COOK		Suffolk	55.74	27.54
					27.54
4.	Alex SNOWDEN		Herts	56.14	27.95
					27.95
5.	Jay WILSON		Bedfordshire	57.35	27.90
					27.90
6.	Luke HOUSE	19/07/95	Norfolk	57.42	28.07
					28.07

EVENT 25 Womens 17 Yrs/Over 100m Backstroke

Full Results

Place	Name	DoB	Club	Time	50
1.	Sophie DRAKE	26/02/93	Essex	1:05.79	32.04
					32.04
2.	Emily RIDOUT		Herts	1:06.45	32.48
					32.48
3.	Robin BALL		Suffolk	1:09.70	33.76
					33.76
4.	Laura INGLESON	02/12/90	Norfolk	1:10.32	33.79
					33.79
5.	Rachel HOLLINGTON		Bedfordshire	1:10.82	34.45
					34.45
6.	Gemma SARGENT		Cambs	1:13.04	35.39
					35.39

EVENT 26 Mens 17 Yrs/Over 100m Backstroke

Full Results

Place	Name	DoB	Club	Time	50
1.	Daniel SMITH	22/04/93	Norfolk	59.47	29.05
					29.05
2.	Johnny QUINN		Herts	59.96	29.21
					29.21
3.	Conor HARROLD	20/03/93	Essex	1:00.15	29.32
					29.32
4.	Sam MUNRO		Suffolk	1:01.43	29.57
					29.57
5.	Gary SMITH		Cambs	1:01.70	30.23
					30.23
6.	David CARLINE		Bedfordshire	1:09.90	33.08
					33.08

EVENT 27 Womens 11/12 Yrs 100m Butterfly

Full Results

Place	Name	DoB	Club	Time	50
1.	Emily DOWDING		Suffolk	1:09.14	32.83
					32.83
2.	Laura STEPHENS	02/06/99	Essex	1:09.63	33.81
					33.81
3.	Chloe ARNOLD		Herts	1:10.37	33.46
					33.46
4.	Katherine BROWN		Cambs	1:13.51	34.53
					34.53
5.	Lilyella CRAW-SEAMAN	15/06/99	Norfolk	1:16.62	34.90
					34.90
6.	Bethany DOLAN		Bedfordshire	1:19.83	36.09
					36.09

EVENT 28 Mens 11/12 Yrs 100m Butterfly

Full Results

Place	Name	DoB	Club	Time	50
1.	Harry PARKER		Herts	1:08.74	32.53
					32.53
2.	Ryan SMITH		Suffolk	1:12.10	33.92
					33.92
3.	Hugo JOHNSON	13/08/98	Essex	1:13.36	33.59
					33.59
4.	William COOPER	21/11/98	Norfolk	1:16.43	35.47
					35.47
5.	Robert BRUNTON		Cambs	1:21.49	36.59
					36.59
6.	Joseph MURRAY		Bedfordshire	1:25.54	38.23
					38.23

EVENT 29 Womens 13/14 Yrs 100m Freestyle**Full Results**

Place	Name	DoB	Club	Time	50
1.	Eliza DUFFY	13/05/97	Essex	1:01.07	29.68
					29.68
2.	Flora SHAUL	03/02/97	Norfolk	1:01.78	29.78
					29.78
3.	Hayley WARRINGTON		Herts	1:02.43	30.12
					30.12
4.	Katie RUMSEY		Suffolk	1:02.74	30.66
					30.66
5.	Beth CURRANT		Bedfordshire	1:04.21	30.88
					30.88
6.	Georgia HICKMAN		Cambs	1:04.27	30.93
					30.93

EVENT 30 Mens 13/14 Yrs 100m Freestyle**Full Results**

Place	Name	DoB	Club	Time	50
1.	Jarrold BRADFIELD	16/09/96	Essex	55.55	27.00
					27.00
1.	Nico CAMPBELL		Herts	55.55	27.15
					27.15
3.	Reg LLYOD		Suffolk	55.68	27.30
					27.30
4.	Boris LEDOVSKIH		Cambs	58.10	27.91
					27.91
5.	Olvier MALTBY		Bedfordshire	1:01.78	29.69
					29.69
	Jack THOMPSON	29/06/97	Norfolk	DQ ST-	

EVENT 31 Womens 15/16 Yrs 100m Backstroke**Full Results**

Place	Name	DoB	Club	Time	50
1.	Sophie GREEN	03/05/96	Norfolk	1:06.01	32.39
					32.39
2.	Bethan BOTTOMLY		Suffolk	1:07.22	32.89
					32.89
3.	Charlotte REID		Herts	1:07.33	32.64
					32.64
4.	Melissa KNIGHTON	04/11/95	Essex	1:08.32	33.62
					33.62
5.	Molly NORMAN		Cambs	1:09.29	33.96
					33.96
6.	Lucy GREGORY		Bedfordshire	1:12.43	34.81
					34.81

EVENT 32 Mens 15/16 Yrs 100m Backstroke**Full Results**

Place	Name	DoB	Club	Time	50
1.	Caleb HUGHES		Herts	59.86	29.20
					29.20
2.	Edward CLARK	07/09/94	Essex	1:01.47	30.31
					30.31
3.	Nicholas ILSLEY		Cambs	1:02.99	30.98
					30.98
4.	Thomas LANGFORD		Bedfordshire	1:05.16	32.14
					32.14
5.	Elliott COOK		Suffolk	1:05.20	31.42
					31.42
6.	Alexander SHREEVE	01/06/95	Norfolk	1:05.87	31.84
					31.84

EVENT 33 Womens 17 /Over 100m Breaststroke**Full Results**

Place	Name	DoB	Club	Time	50
1.	Alexandra HARRISON		Suffolk	1:12.89	34.61
					34.61
2.	Louise BUSH	05/04/91	Norfolk	1:16.57	35.91
					35.91
3.	Charlotte OVENDEN		Bedfordshire	1:16.76	35.72
					35.72
4.	Emily RIDGILL		Herts	1:20.65	38.05
					38.05

6.	Tamara RICHARDS	Cambs	1:24.24	39.63
				39.76
				39.76

EVENT 34 Mens 17 Yrs/Over 100m Breaststroke

Full Results

Place	Name	DoB	Club	Time	50
1.	Andrew WEATHERITT		Cambs	1:08.11	31.65
					31.65
2.	Matthew NAUNTON		Suffolk	1:08.67	32.21
					32.21
3.	Lee PETERSON	09/06/74	Essex	1:08.74	32.11
					32.11
4.	Mark COLLINS	22/09/93	Norfolk	1:10.29	32.92
					32.92
5.	James LOVEMAN		Herts	1:10.66	33.41
					33.41
6.	Thomas WINDER		Bedfordshire	1:15.97	34.87
					34.87

EVENT 35 Womens 11/12 Yrs 100m Freestyle

Full Results

Place	Name	DoB	Club	Time	50
1.	Georgina FISHER		Herts	1:03.21	30.82
					30.82
2.	Emily DOWDING		Suffolk	1:03.84	31.25
					31.25
3.	Bethan MCELROY	28/08/98	Essex	1:04.57	31.75
					31.75
4.	Katherine BROWN		Cambs	1:06.66	32.88
					32.88
5.	Anna HENDERSON		Bedfordshire	1:07.37	32.29
					32.29
6.	Liliyella CRAW-SEAMAN	15/06/99	Norfolk	1:09.64	32.66
					32.66

EVENT 36 Mens 11/12 Yrs 100m Freestyle

Full Results

Place	Name	DoB	Club	Time	50
1.	Liam CURRAN		Herts	1:02.31	30.45
					30.45
2.	Hugo JOHNSON	13/08/98	Essex	1:03.14	31.38
					31.38
3.	Archie HOLMAN	21/09/98	Norfolk	1:04.31	30.63
					30.63
4.	Joseph MUNNO		Bedfordshire	1:05.45	31.34
					31.34
5.	Thomas HARRINGTON		Cambs	1:06.66	32.07
					32.07
	Jack ANDREW		Suffolk	DQ ST-	

EVENT 37 Womens 13/14 Yrs 100m Backstroke

Full Results

Place	Name	DoB	Club	Time	50
1.	Eliza DUFFY	13/05/97	Essex	1:06.69	32.53
					32.53
2.	Katie RUMSEY		Suffolk	1:09.06	33.93
					33.93
3.	Beth CURRANT		Bedfordshire	1:10.99	34.55
					34.55
4.	Isobel PAGE	09/04/97	Norfolk	1:11.06	34.42
					34.42
5.	Michelle MITCHELL		Herts	1:12.02	34.44
					34.44
6.	Georgia CRAWFORD		Cambs	1:12.77	35.01
					35.01

EVENT 38 Mens 13/14 Yrs 100m Backstroke

Full Results

Place	Name	DoB	Club	Time	50
1.	Jack UTTING	24/06/97	Norfolk	1:01.18	30.12
					30.12
2.	Martyn WALTON		Herts	1:01.82	30.41
					30.41
3.	Jim VICKERS	03/02/97	Essex	1:03.64	31.10
					31.10
4.	Reg LLYOD		Suffolk	1:04.92	32.15
					32.15
5.	Boris LEDOVSKIH		Cambs	1:06.33	32.15
					32.15
6.	Peter WEBSTER		Bedfordshire	1:07.73	32.88
					32.88

EVENT 39 Womens 15/16 Yrs 100m Breaststroke

Full Results

Place	Name	DoB	Club	Time	50
1.	Zara BAILEY		Cambs	1:15.95	36.48
2.	Evie FISHER	27/09/94	Essex	1:16.08	36.48
3.	Alex HATT		Herts	1:17.57	36.45
4.	Bethan BOTTOMLY		Suffolk	1:18.54	36.71
5.	Amber SWALES		Bedfordshire	1:20.51	36.71
6.	Mimi BARR	12/12/94	Norfolk	1:23.88	37.47
					37.47
					38.43
					38.43
					38.96
					38.96

EVENT 40 Mens 15/16 Yrs 100m Breaststroke**Full Results**

Place	Name	DoB	Club	Time	50
1.	Liam KNIGHT		Cambs	1:07.43	32.49
2.	Sean HOULIHAN	06/09/95	Essex	1:10.75	32.49
3.	Jed SNELL	12/02/95	Norfolk	1:11.88	33.46
4.	Adam LAST		Suffolk	1:13.06	33.46
5.	Jay WILSON		Bedfordshire	1:13.33	33.63
6.	Alex SNOWDEN		Herts	1:13.76	33.63
					33.97
					33.97
					34.95
					34.95
					35.31
					35.31

EVENT 41 Womens 17 Yrs/Over 100m Butterfly**Full Results**

Place	Name	DoB	Club	Time	50
1.	Bryony CAMPBELL		Suffolk	1:03.34	29.64
2.	Lucy CHARLES		Herts	1:04.63	29.64
3.	Charlotte HUMPHREYS	24/11/91	Norfolk	1:07.57	30.63
4.	Chloe DAVIS	26/03/94	Essex	1:08.31	30.63
5.	Tamara RICHARDS		Cambs	1:13.68	31.37
6.	Rachel HOLLINGTON		Bedfordshire	1:16.28	31.37
					32.34
					32.34
					34.33
					34.33
					35.58
					35.58

EVENT 42 Mens 17 Yrs/Over 100m Butterfly**Full Results**

Place	Name	DoB	Club	Time	50
1.	Karl BATORSKI		Herts	57.47	27.44
2.	Conor HARROLD	20/03/93	Essex	1:01.57	27.44
3.	Jack HOLLIS		Suffolk	1:01.60	28.51
4.	Alex MURRAY	12/09/93	Norfolk	1:01.88	28.51
5.	Ryan SKEELS		Cambs	1:03.10	28.85
6.	Thomas WINDER		Bedfordshire	1:14.63	28.85
					29.31
					29.31
					28.83
					28.83
					32.79
					32.79

EVENT 43 Womens 11/12 Yrs 200m Free.Team**Full Results**

Place	Name	A.G	Club	Time	50	100	150
1.	Essex County ASA		Essex	1:59.78	30.01	59.96	1:29.46
2.	Norfolk County ASA		Norfolk	2:01.25	30.01	29.95	29.50
3.	Hertfordshire ASA		Herts	2:03.23	30.85	1:00.79	1:31.91
4.	Cambridgeshire ASA		Cambs	2:03.58	30.85	29.94	31.12
5.	Suffolk ASA		Suffolk	2:04.01	29.57	1:01.32	1:31.89
6.	Bedfordshire ASA		Bedfordshire	2:07.14	29.57	31.75	30.57
					31.79	1:03.10	1:33.92
					31.79	31.31	30.82
					31.41	1:03.03	1:34.12
					31.41	31.62	31.09
					32.13	1:04.52	1:36.02
					32.13	32.39	31.50

EVENT 44 Mens 11/12 Yrs 200m Freestyle Team**Full Results**

Place	Name	A.G	Club	Time	50	100	150
1.	Hertfordshire ASA		Herts	1:56.15	28.57	57.99	1:27.21
2.	Suffolk ASA		Suffolk	1:57.86	28.57	29.42	29.22
3.	Essex County ASA		Essex	2:00.66	29.61	1:00.25	1:28.90
					29.61	30.64	28.65
					29.72	59.32	1:29.38

5.	Bedfordshire ASA	Bedfordshire	2:03.93	31.86	1:02.02	1:33.88
				31.86	30.16	31.86
6.	Norfolk County ASA	Norfolk	2:05.36	29.47	1:02.24	1:34.05
				29.47	32.77	31.81

EVENT 45 Womens 13/14 Yrs 200m Free.Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Suffolk ASA		Suffolk	1:56.36	29.45	58.92	1:27.79
					29.45	29.47	28.87
2.	Essex County ASA		Essex	1:57.02	28.98	58.22	1:27.86
					28.98	29.24	29.64
3.	Norfolk County ASA		Norfolk	1:59.41	29.23	1:00.53	1:31.51
					29.23	31.30	30.98
4.	Cambridgeshire ASA		Cambs	1:59.75	29.39	59.36	1:30.82
					29.39	29.97	31.46
5.	Hertfordshire ASA		Herts	1:59.92	28.94	59.17	1:30.73
					28.94	30.23	31.56
6.	Bedfordshire ASA		Bedfordshire	2:01.93	30.63	1:00.03	1:30.22
					30.63	29.40	30.19

EVENT 46 Mens 13/14 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Hertfordshire ASA		Herts	1:44.38	25.62	51.24	1:17.17
					25.62	25.62	25.93
2.	Suffolk ASA		Suffolk	1:44.86	26.50	52.54	1:19.00
					26.50	26.04	26.46
3.	Essex County ASA		Essex	1:46.44	27.51	54.30	1:21.02
					27.51	26.79	26.72
4.	Norfolk County ASA		Norfolk	1:48.12	26.42	53.45	1:21.01
					26.42	27.03	27.56
5.	Cambridgeshire ASA		Cambs	1:48.54	27.52	54.40	1:21.68
					27.52	26.88	27.28
6.	Bedfordshire ASA		Bedfordshire	1:54.49	27.66	56.40	1:26.06
					27.66	28.74	29.66

EVENT 47 Womens 15/16 Yrs 200m Free.Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Hertfordshire ASA		Herts	1:52.67	29.11	56.93	1:24.78
					29.11	27.82	27.85
2.	Norfolk County ASA		Norfolk	1:52.93	28.33	57.55	1:25.30
					28.33	29.22	27.75
3.	Suffolk ASA		Suffolk	1:53.06	29.76	58.06	1:25.98
					29.76	28.30	27.92
4.	Essex County ASA		Essex	1:55.05	28.75	57.38	1:26.54
					28.75	28.63	29.16
5.	Cambridgeshire ASA		Cambs	1:56.03	28.80	57.77	1:27.75
					28.80	28.97	29.98
6.	Bedfordshire ASA		Bedfordshire	1:57.92	29.95	1:00.06	1:30.53
					29.95	30.11	30.47

EVENT 48 Mens 15/16 Yrs 200m Freestyle Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Essex County ASA		Essex	1:41.54	25.80	51.30	1:16.63
					25.80	25.50	25.33
2.	Cambridgeshire ASA		Cambs	1:43.04	-	51.80	1:18.35
					-	51.80	26.55
3.	Suffolk ASA		Suffolk	1:44.76	26.10	53.20	1:18.97
					26.10	27.10	25.77
4.	Hertfordshire ASA		Herts	1:45.86	25.69	53.72	1:19.65
					25.69	28.03	25.93
5.	Bedfordshire ASA		Bedfordshire	1:45.88	26.51	52.98	1:19.60
					26.51	26.47	26.62
6.	Norfolk County ASA		Norfolk	1:46.12	26.47	52.96	1:19.92
					26.47	26.49	26.96

EVENT 49 Womens 17 Yrs/Over 200m Free.Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Suffolk ASA		Suffolk	1:52.32	29.48	57.23	1:24.62
					29.48	27.75	27.39
2.	Hertfordshire ASA		Herts	1:52.58	28.14	55.44	1:25.38
					28.14	27.30	29.94
3.	Essex County ASA		Essex	1:54.76	27.24	56.07	1:25.65
					27.24	28.83	29.58
4.	Norfolk County ASA		Norfolk	1:57.32	29.42	58.59	1:28.99
					29.42	29.17	30.40
5.	Cambridgeshire ASA		Cambs	1:59.60	30.65	58.77	1:30.27
					30.65	28.12	31.50
6.	Bedfordshire ASA		Bedfordshire	2:06.42	31.07	1:02.07	1:34.42
					31.07	31.00	32.35

EVENT 50 Mens 17 Yrs/Over 200m Free.Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Cambridgeshire ASA		Cambs	1:39.60	24.93	50.59	1:16.04
					24.93	25.66	25.45
2.	Hertfordshire ASA		Herts	1:39.91	25.05	50.98	1:15.81
					25.05	25.93	24.83
3.	Essex County ASA		Essex	1:41.97	25.58	50.72	1:16.85
					25.58	25.14	26.13
4.	Suffolk ASA		Suffolk	1:42.43	26.87	52.12	1:17.35
					26.87	25.25	25.23
5.	Norfolk County ASA		Norfolk	1:42.59	25.38	51.79	1:17.63
					25.38	26.41	25.84
6.	Bedfordshire ASA		Bedfordshire	1:47.17	25.62	54.06	1:20.47
					25.62	28.44	26.41