

HARROGATE DISTRICT SWIMMING CLUB
(Affiliated to ASA North Eastern Region.)

A and B GRADED MEET

(under ASA Laws and ASA Technical Rules)

DATE: **SATURDAY & SUNDAY 9th & 10th APRIL 2011**

VENUE: THE HYDRO, JENNYFIELDS DRIVE, HARROGATE

THIS MEET IS LICENSED AT LEVEL 3 BY THE A.S.A. (3NE1079) AND RESULTS WILL QUALIFY SWIMMERS FOR ENTRY INTO REGIONAL CHAMPIONSHIPS. SWIMMERS MUST NOT HAVE SWUM FASTER THAN THE A GRADE CUT OFF TIME IN THE 12 MONTHS PRECEDING ENTRY.

THE MEET 9 – 15 & over - 50 & 200 metres all strokes plus 400m Freestyle and 200m IM
Girls 11 - 15 & over; Boys 12 – 15 & over – 100 metres all strokes
All events are Heat Declared Winner.

Ages at 10th April 2011

AWARDS: Rewards as follows:
9 & 10 years; Top 8 swimmers in A grade and B Grade.
11, 12, 13, 14, 15 & over. Top 3 swimmers only in A grade and B Grade.
Swimmers who swim faster than the B Grade cut-off times will be ranked automatically in the A grade result.
An Alternative Award will be given to swimmers who swim faster than the A Grade cut off times by the following margins:-
1 second on 50m, 2 seconds on 100m, 4 seconds on 200m, 8 seconds on 400m

ENTRIES: Cost £4-50 per event.
Coaches passes to include meals, programme, result sheets and entry onto the poolside £15.
Entries will be accepted on receipt strictly on a “**first come, first served**” basis and subject to HDSC Terms & Conditions.
Once the meet is full it will be shown as closed on the website.

Entries will not be accepted before the 1st March 2011

NO CLUB WILL BE ALLOWED TO SUBMIT MORE THAN 400 ENTRIES TO THIS MEET

Clubs submitting entries for more than 5 swimmers must do so electronically. Entry forms and file sets are downloadable from our website:- www.swimharrogate.org

Further details from:-
Barry Saunders,
42 Greenfields Road,
HARROGATE, HG2 7PH.
Telephone:- 01423 885326
Email:- compsec@swimharrogate.org

(THIS WILL BE A CARDLESS MEET. ENTRY CONFIRMATIONS WILL BE POSTED TO CLUBS AS SOON AS ENTRIES ARE PROCESSED.)

CLOSING: **18th March 2011** or when meet is full

